STATIONS OF THE HOLY SPIRIT

A Pilgrim's Prayer Manual

Congregation of the Holy Spirit /
Spiritan Missionaries.
Uganda Group

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ISBN 978-969-44-9282-7

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THE CONGREGATION OF THE HOLY SPIRIT
Under the Protection of the Immaculate Heart of Mary
UGANDA GROUP

3rd March 2024

The Booklet, *Stations of the Holy Spirit : A Pilgrim's Prayer Manual* is the first prayer instrument, as far as I know, that comes from a Catholic background, to assist the faithful reflect on, and pray with the gifts and fruits of the Third Person of the Trinity, The Holy Spirit, who is, at the same time, the Principle of action Christ left in the Church.

Fr. Stephen Sekayala Kakande, C.S.Sp. is a member of the Congregation of the Holy Spirit. He comes from Uganda but is currently working in Puerto Rico in parish ministry. Fr. Kakande is the Founder of the Holy Spirit Centre run by the Holy Spirit Missionaries in Uganda, and is the author of many religious books used widely by Christians of different religious backgrounds, to great satisfaction and appreciation. He has given a number of international retreats and spiritual talks, to both lay and consecrated persons, in different parts of the world. Drawing from this wealth of experience and from his deep sense of religious devotion, Fr. Kakande invites us to pray the stations of the Holy Spirit like we do pray the stations of the Cross, in a meditative, contemplative and devotional way, drawing us ever closer to the understanding and appreciation of the Person and the work of the Holy Spirit in our lives.

This booklet goes a long way in unearthing the rich biblical symbols that point to the Third Person of the Holy Trinity, well beyond the usual seven gifts of the Holy Spirit given in the Catechism of the Catholic Church. Fr. Kakande successfully rediscovers, presents and explains, on top of the Gifts of the Holy Spirit, what he calls the fruits of the Holy Spirit. In each case, he gives helpful biblical references, from whence each fruit and gift is derived. By so doing, he assists the pilgrims to more intensely reflect on, and get to a deeper spiritual communion with the Holy Spirit. I pray that all those who will ever use this booklet to pray, will grow ever deeper into a relationship with the Holy Spirit and indeed, into a deeper relationship with the Holy Trinity. Therefore, in accordance with Spiritan Rule of Life no.169 and canon 832, I authorise and highly recommend this booklet for publication.

Rev. Dr. John Bosco KAMOGA, C.S.Sp.
Major Superior

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Major Superior's Letter of Authorization

Below is a replica of the above letter of authorization written by the major superior of the Congregation of the Holy Spirit Uganda Group, authorizing the publication and public use of this book.

3rd March 2024

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Major Superior. Congregation of the Holy Spirit
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Preface

Awareness and devotion to the Holy Spirit, especially as Sanctifier is not something new in the Catholic Church. It existed right from early times. From the earliest Christian writers, both Greek and Latin, to the present, there is a rich and unbroken tradition of devotion to the Holy Spirit that is supported by Christian art, archeology, liturgy, and hymnology (e.g., veni sancte spiritus, veni creator spiritus).

Biblically, invocation of the Holy Spirit stems from its roots in the Old Testament. The psalmist of psalm 51 pleads to God not to take away the Holy Spirit from him but instead renew a steadfast spirit within him and grant him a willing spirit to sustain him. He says:

"Create in me a pure heart, O God, and renew a steadfast spirit within me. Do not cast me away from your presence or take your Holy Spirit away from me. Restore in me the joy of your salvation and grant me a willing spirit, to sustain me" (Psalm 51:10-12).

Through the mouth prophet Joel 2:28-29 God promises:

"*And afterward, I will pour out my Spirit on all people. Your sons and daughters will prophesy, your old men will dream dreams, your young men will see visions. Even on my servants, both men and women, I will pour out my Spirit in thosedays".*

In the New Testament, the most profound experience of the presence of the Holy Spirit is mentioned in the book of Acts of the Apostles Chapter 2:3-4 (the Pentecost experience). However, the Holy Spirit does not simply appear for the first time at Pentecost after the resurrection of Jesus but is present in Luke (chapters 1 and 2) prior to the birth of Jesus.

Among the Hebrews the Spirit (ruah, breath, wind) was regarded more as a manifestation of the divine presence and activity than as a divine person. St Paul's exhortation in 1 Corinthians Chapter 14 hints on the evidence of the operations of the Spirit in the apostolic Church. It is important to understand that "Spirit" is

synonymous with the "Spirit of God," "Christ's Spirit," and the "Holy Spirit." They are all one and mean the same Spirit.

By the mid-fourth century Catholic doctrine regarding the Holy Spirit was explained fully and more clearly. In the Middle Ages, popular devotion to the Holy Spirit was given an impetus with the rise of confraternities, monasticism and desert fathers dedicated to Him.

In the 17th century there was a remarkable surge of popular devotion to the Holy Spirit and in recent times the encyclicals of Pope Leo XIII (*Provida Matris,* 1895, and *Divinum illud munus,* 1897) and of Pope Pius XII (*Mystici Corporis,* 1948) have been effectual in promoting devotion to the Holy Spirit among the faithful.

Pope Leo XIII, in his encyclical “Divinum illud munus” of May 9, 1897, writes: "We earnestly desire that ... piety may increase and be inflamed toward the Holy Spirit, to whom especially all of us owe the grace of following the path of truth and virtue."

"Devotion to the Holy Spirit," says Cardinal Manning, "seeks to awaken in us a consciousness of the presence and indwelling of the Holy Spirit, not only in the Church as a whole, but in each one of us."

Pope Francis, in *The Synod on Synodality* (October 2023) reminded those before him that the Holy Spirit is the "protagonist of Church's life", that "leads the Church forth," and is "maternal." "The Holy Spirit," he said, "guides us by the hand and consoles us."

This *Pilgrim's Prayer Manual prayer book* published by the Holy Ghost (Spiritan) Missionaries Uganda Group contains a new comprehensive and expanded prayer of devotion to the Holy Spirit. It is a new prayer designed to concretize a deep reflection on the working of the Holy Spirit in our time. It is hoped that this new prayer of devotion to the Holy Spirit will lead to individual self-discovery and will evidently increase people's knowledge of the working of the

message of redemption and sanctification through the Holy Spirit in the life of the Church and individual believers.

Stations of the Holy Spirit will inspire believers to live holy and fruitful lives as well as receiving the grace to spread to the whole world. It will lead believers to live a life of dependence upon the Holy Spirit rather than leaning to human rationale. It will provoke the signs and wonders of the Holy Spirit in Christian communities leading to a great witness in our time. We beseech the Holy Spirit to inspire and guide whoever prays these stations of the Holy Spirit prayer.

Fr. Stephen Kakande Sekayala C.S.Sp
18th January 2024.

HOLY SPIRIT CENTRE JJANDA NAMUGONGO — The birth and founding place of Stations of the Holy Spirit Prayer

Introduction

Holy Spirit Centre is a name of a prayer garden located on the Holy Spirit Missionaries' property at Jjanda Namugongo Kampala Archdiocese (Uganda). It is owned and managed by the Holy Spirit Missionaries (Spiritans) in Uganda. It is on this property that the STATIONS OF THE HOLY SPIRIT PRAYER was 'born' and its foundation established.

The ground work for the establishment of this centre was began by Rev. Fr. Stephen Kakande Sekayala C.S.Sp in August 2021 and it was inaugurated and dedicated to the Holy Spirit by Rev. Fr. John Bosco Kamoga C.S.Sp, the superior of Uganda Group on Thursday the 13th of January 2022 in presence of other Spiritan confreres.

It was officially blessed by His Grace Paul Ssemwogerere the Metropolitan Archbishop of Kampala on the 3rd of February 2023.

Currently, this Centre is adorned with beautifully and artistically designed prayer gardens, stations of the gifts and fruits of the Holy Spirit, calvary prayer spot, symbols of the gifts and fruits of the Holy Spirit as described in the Holy Scriptures. Many other anticipated spiritual animation symbols are still in the pipeline. The garden hosts pilgrims on retreats and recollections.

The Vision, Mission and Values of this Holy Spirit Centre are:

Vision: To enable believers and non-believers encounter and experience a permanent impact of the working of the Holy Spirit in their lives.

Mission: To foster the outpouring of the fruits and gifts of the Holy Spirit which captivate spiritual growth, healing, deliverance and renewed lasting freedom in Jesus Christ.

It is envisaged to be a place of promoting the devotion to the Holy Spirit, through prayer, spiritual

teachings, pilgrimages, meditation, contemplation, celebration of the Eucharist, daily devotions, retreats, counselling, healing, deliverance and praying of various novenas which are directed to the Holy Spirit.

Values: Our cherished values among others include faith, graciousness, hospitality, inclusiveness, dignity and respect

The prayer garden contains physical animations of the gifts and fruit of the Spirit as mentioned in Isaiah 11:2-3 and Galatians 5:23-25. These include wisdom, understanding, counsel, fortitude, knowledge, piety, fear of the Lord, love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control and generosity.

Each of these gifts and fruit of the Spirit is represented as a separate erected station with symbols of the Holy Spirit and a composed prayer that accompanies it.

The named gifts and fruits of the Holy Spirit, added to the opening (first) station, make a total of 18 STATIONS OF THE HOLY SPIRIT. Based on these

18 stations, THE STATIONS OF THE HOLY SPIRIT PRAYER is formed and can be prayed by the faithful through walking from station to station in a similar pattern we pray the stations of the Cross.

The purpose of this book is to provide a full prayer directory which directs everyone on how this station of the Holy Spirit prayer is prayed either by a group or an individual.

How to pray the prayer of the Stations of the Holy Spirit?

- Begin with the sign of the cross
- Then the leader announces the Station number e.g**1st Station...(name the station)**
- Then the Leader (L) continues saying: **We adore you O Holy Spirit and we praise you.**
- Everyone else (R) responds**: Because by your holy fire you purify the whole world.**

- Then the leader continues

L. Create a clean heart in us, O Lord.

R. And renew a pure spirit within us.

- ***Brief Reflection By the Leader***

Then the leader will read or say some words about the Holy Spirit barked with scripture to help each person reflect on his or her current situation. Begin by asking,"the Holy Spirit, what is that one way or ways you can become a better-version-of-yourself at this moment of your life?" Use each Station of the Holy Spirit as a way to deepen that reflection.

- As the entire community process / moves from one station to the next, an Our Father, Hail Mary and Glory Be to the Father are prayed.

Alternatively, you may opt to sing any appropriate songs of the Holy Spirit instead of reciting these prayers between stations.

Let us Now Begin:

Opening Prayer

In the name of the Father, and of the Son, and of the Holy Spirit Amen.

Come, Holy Spirit, fill the hearts of your faithful. And kindle in them the fire of your love. Send forth your Spirit and they shall be created. And you shall renew the face of the earth.

Let us pray:
O God, who instructed the hearts of thy faithful, by the light of the Holy Spirit, grant that by the same Spirit, we may be truly wise and ever rejoice in His consolation, through the same Christ our Lord. Amen.

1st Station:

As you approach this Station, first genuflect, and pray like this:

L. We adore you O Holy Spirit and we praise you.

R. Because by your holy fire you purify the whole world.

L. Create a clean heart in us, O Lord.

R. And renew a pure spirit within us.

NB: If you are in a group, the leader (L) says the first sentence (in red) and the group (R) responds with words of the second sentence (in blue).



Photo of the 1st Station as erected at the Holy Spirit Centre Prayer Garden in Jjanda Namugongo (Uganda)

A PRAYER FOR THE GIFTS AND FRUIT OF THE HOLY SPIRIT

Let us pray:

O Lord Jesus Christ, who, before ascending into heaven, did promise to send the Holy Spirit to finish your work in the souls of your apostles and disciples, grant the same Holy Spirit to me that He may perfect in my soul, the work of your grace and your love. During this way of the stations of the Holy Spirit, grant me the Spirit of ***Wisdom*** that I may despise the perishable things of this world and aspire only after the things that are eternal, the *Spirit of* ***Understanding*** to enlighten my mind with the light of your divine truth, the Spirit of ***Counsel*** that I may ever choose the surest way of pleasing God and gaining heaven, the Spirit of ***Fortitude*** that I may bear my cross with you and that I may overcome with courage all the obstacles that oppose my salvation, the Spirit of ***Knowledge*** that I may know God and know myself and grow perfect in the science of the Saints, the Spirit of ***Piety*** that I may find the

service of God sweet, and the Spirit of ***Fear of God that*** I may be filled with a loving reverence towards God. Merciful Lord, you are the giver of all good things. I also ask you to grant me the fruit of the Spirit. Help me to ***love***, be full of ***joy***, ***peace***, and ***patience***. Help me to always have ***self-control***, be ***kind***, ***good***, ***faithful,*** and ***gentle*** when dealing with others. Mark me, dear Lord, with the sign of your true disciples and animate me in all things with your Spirit. Amen.

Our Father… Hail Mary… Glory be...

2nd Station:

THE GIFT OF KNOWLEDGE

L. We adore you O Holy Spirit and we praise you.

R. Because by your holy fire you purify the whole world.

L. Create a clean heart in us, O Lord.

R. And renew a pure spirit within us.

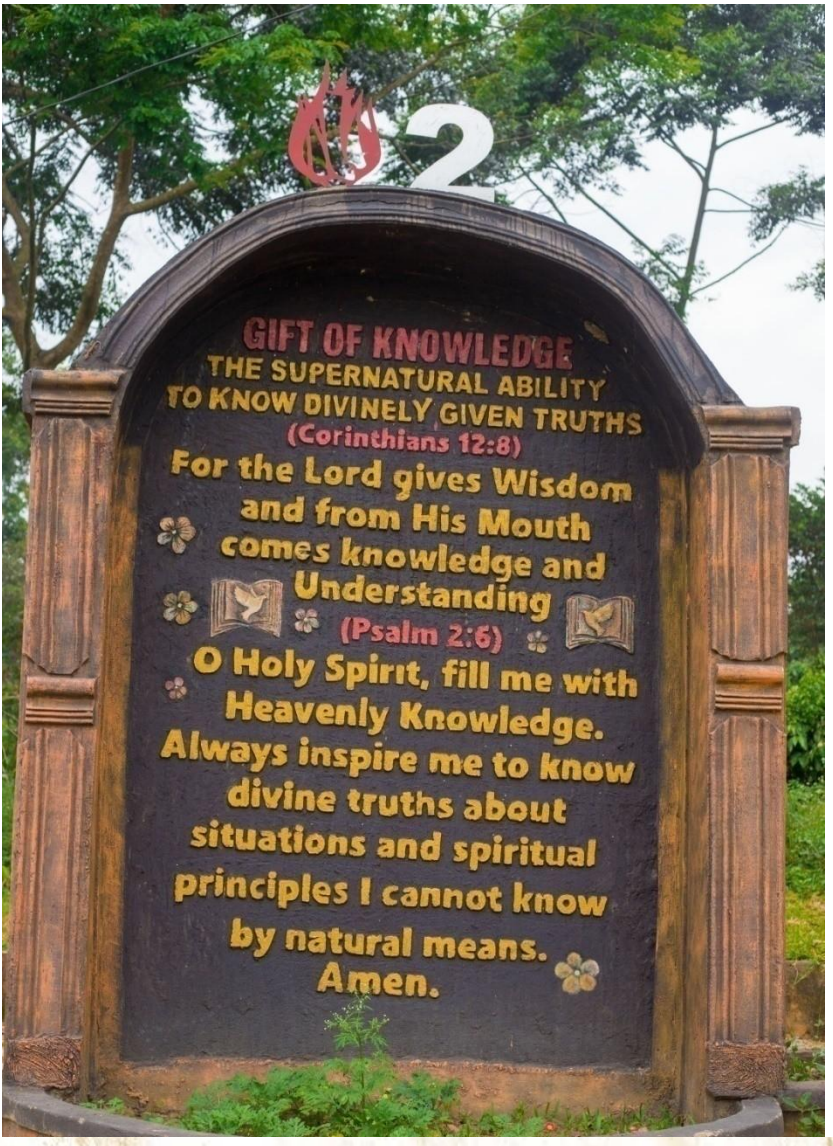


Photo of the 2nd Station as erected at the Holy Spirit Centre Prayer Garden in Jjanda Namugongo (Uganda)

Knowledge is a supernatural ability to know divinely given truths (1 Corinthians 12:8). The Gift of Knowledge allows a person to understand the meaning and purpose God has for him or her and to live up to this meaning. It differs from wisdom in that it is an action, not just a desire to live up to the ways of God. It also differs from Understanding in that it is not just ability, it is a knowing.

Scripture: Psalm 2:6
For the Lord gives Wisdom and from His Mouth comes Knowledge and Understanding.

Brief Reflection by the Leader

Knowledge gives the ability to know facts about a situation, or a spiritual principle, that could not have been known by natural means. This allows someone to see a situation as God sees it.

Now let each person take a moment of spontaneous personal invocation of the gift of knowledge in his or her own words.
Then together:

Let us pray:

O Holy Spirit, fill me with Heavenly Knowledge. Teach me to learn from you. Give me the ability to know Divine truths about situations and spiritual principles thatI cannot know by natural means. Help me to see and accept situations around me as God sees them. Amen.

Our Father… Hail Mary… Glory be...

3rd Station:

THE GIFT OF PIETY

L. We adore you O Holy Spirit and we praise you.

R. Because by your holy fire you purify the whole world.

L. Create a clean heart in us, O Lord.

R. And renew a pure spirit within us.

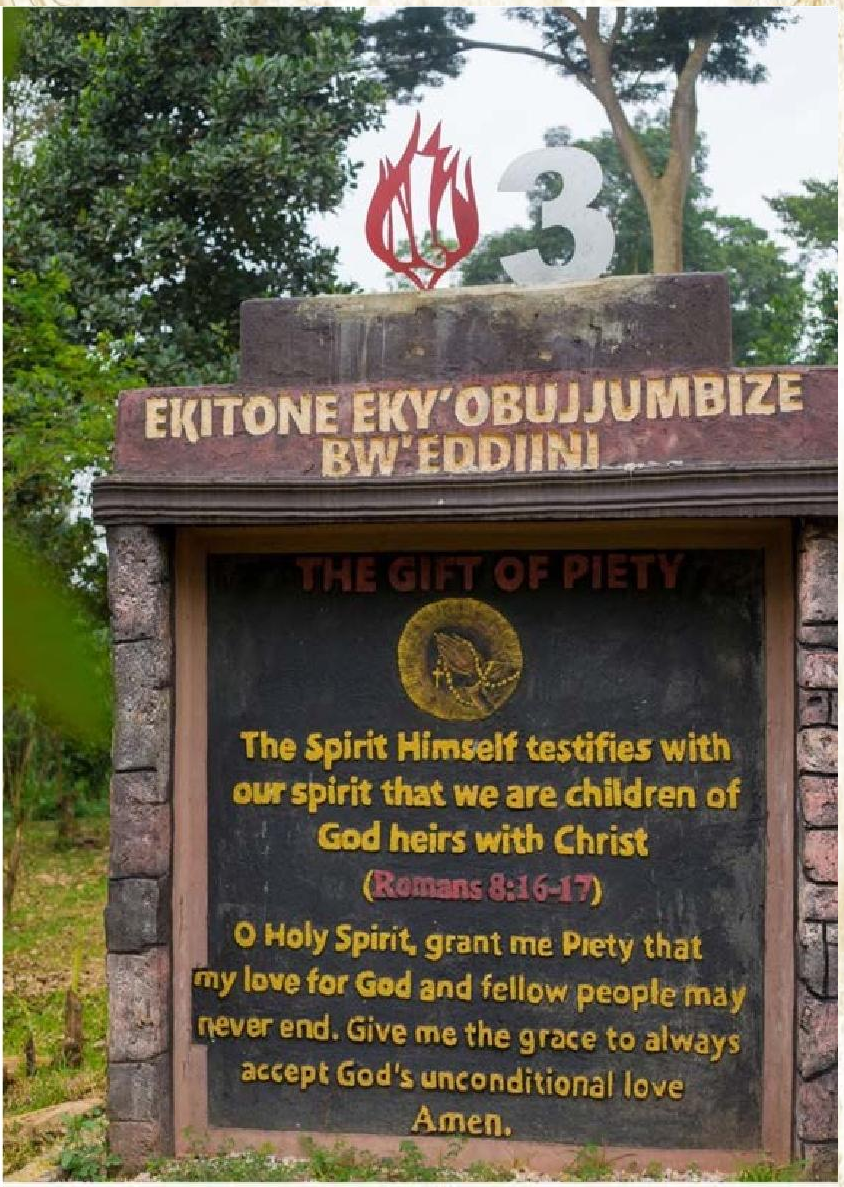


Photo of the 3rd Station as erected at the Holy Spirit Centre Prayer Garden in Jjanda Namugongo (Uganda)

Piety

is the perfection of the virtue of willingness to worship serve God with unwavering commitment. It means trust and love for God, by following His commandments and faithfully praying to Him for mercy and strength. Piety is the perfection of the virtue of religion. While some people tend to think of religion today as the external elements of our faith, it really means the willingness to worship and to serve God. Piety takes that willingness beyond a sense of duty, so that we desire to worship God and to serve Him out of love, the way that we desire to honour our parents and do what they wish.

Scripture: Romans 8:16-17

The Spirit Himself testifies with our spirit that we are children of God, heirs with Christ.

Brief Reflection by the Leader

Leviticus 8:12, “He poured some of the anointing oil on Aaron’s head and anointed him to consecrate him”. Anointing oil is a symbol of the Holy Spirit who sets us apart for God’s mission.

Now let each person take a moment of spontaneous personal invocation of the gift of Piety in his or her own words.

Then together:

Let us pray

O Holy Spirit, grant me piety that my love for God and fellow people may never end. Give me the grace to always accept God’s unconditional love. Amen.

Our Father… Hail Mary… Glory be...

4th Station:

THE GIFT OF WISDOM

L. We adore you O Holy Spirit and we praise you.

R. Because by your holy fire you purify the whole world.

L. Create a clean heart in us, O Lord.

R. And renew a pure spirit within us.



Photo of the 4th Station as erected at the Holy Spirit Centre Prayer Garden in Jjanda Namugongo (Uganda)

Wisdom

is the ability to make decisions and give guidance in accordance with God's perfect will in situations surrounding our lives. Wisdom is not the quoting of facts but it is a gift that allows a person to understand things from God's point of view. In other words, Wisdom allows a person to recognize truth. A person with the Gift of Wisdom is able to take this truth and use it to glorify God by choosing Godly solutions to problems.

Scripture:

Luke 21:15, 1 Corinthians 12:8.

I will give you words and wisdom that none of your adversaries will be able to resist or contradict (Luke 21:15)

Brief Reflection by the Leader

Then tongues as of fire appeared and rested on each one of them. And they were all filled with the Holy Spirit and began to speak in different tongues as the Spirit enabled them (Acts 2:3-4)

Now let each person take a moment of spontaneous personal invocation of the gift of wisdom in his or her own words.

Then together:

Let us pray:

O Holy Spirit, grant me your heavenly wisdom that I may be able to often see through the confusion of any situation and take a decision and direction according to God's will.

Our Father… Hail Mary… Glory be...

5th Station:

THE FRUIT OF PATIENCE

L. We adore you O Holy Spirit and we praise you.

R. Because by your holy fire you purify the whole world.

L. Create a clean heart in us, O Lord.

R. And renew a pure spirit within us.

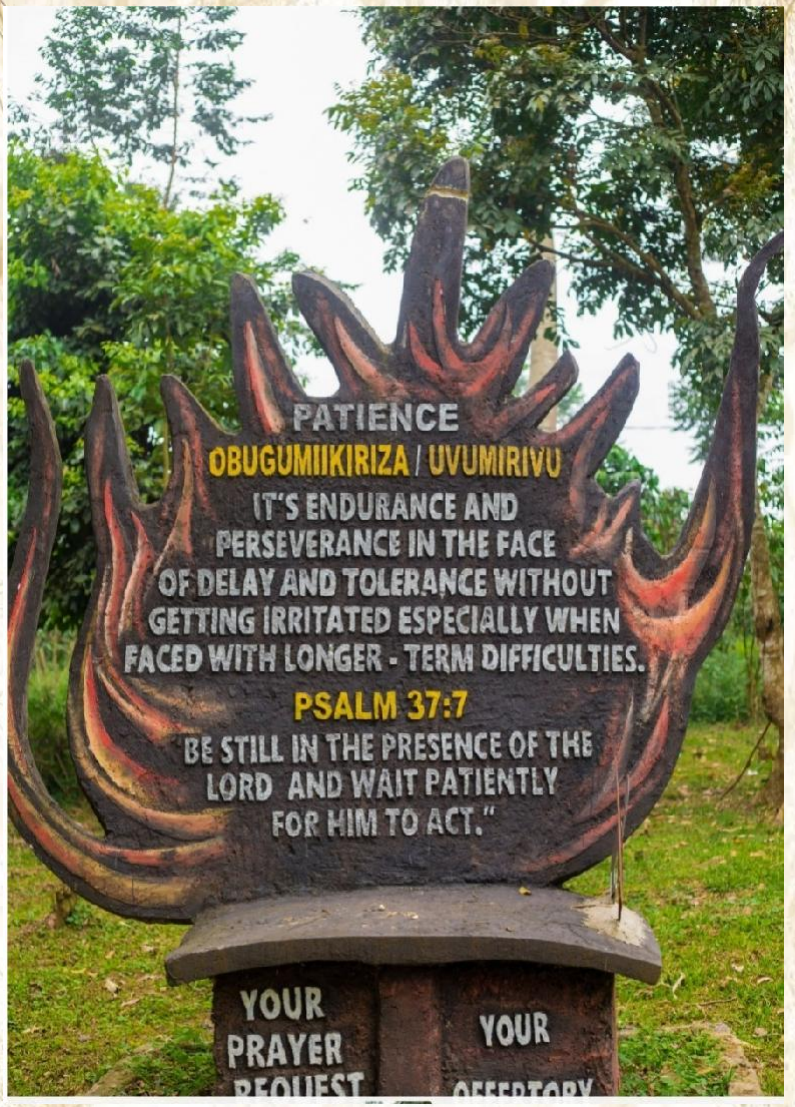


Photo of the 5th Station as erected at the Holy Spirit Centre Prayer Garden in Jjanda Namugongo (Uganda)

Patience is the endurance and perseverance in the face of delay and tolerance without getting irritated especially when faced with longer-term difficulties.

Scripture: Psalm 37:7,

“Be still in the presence of the Lord and wait patiently for him to act.”
Psalm 27:14, Wait patiently for the Lord. Be brave and courageous.

Brief Reflection by the Leader

Patience comes from a position of power. A person may have the ability to take revenge or cause trouble, but patience brings self-restraint and careful thinking. Losing patience is a sign of weakness. We are patient through trying situations out of hope for a coming deliverance; we are patient with a trying person out of compassion. We choose to love that person and want what's best for him.

A patient person can endure much pain and suffering without complaining. A patient person is slow to anger as he waits for God to provide comfort and punish wrongdoing. Since it is a fruit of the Spirit, we can only possess it through the power and work of the Holy Spirit in our lives.

As the Spirit produces patience in us, He is making us more Christlike. The opposite of patience is agitation, discouragement, and a desire for revenge. God does not want His children to live in agitation but in peace (John 14:27). He wants to dispel discouragement and replace it with hope and praise (Psalm 42:5). We are not to avenge ourselves; rather, we are to love others (Romans 12:19 (Leviticus 19:18).

God is patient, and His Spirit produces the fruit of patience in us. When we are patient, we leave room for God to work in our hearts and in our relationships. We lay down our schedule and trust in God's. We thank the Lord for what and whom He's brought into our lives. We let God be God.

Now let each person take a moment of spontaneous personal invocation of the fruit of patience in his or her own words.

Then together:

Let us pray:

O Holy Spirit, give me endurance and teach me to be patient in tests and trials of life. Amen. (Hebrews 10:36, James 5:7-8).

Our Father…Hail Mary… Glory be...

6th Station:

THE GIFT OF UNDERSTANDING

L. We adore you O Holy Spirit and we praise you.

R. Because by your holy fire you purify the whole world.

L. Create a clean heart in us, O Lord.

R. And renew a pure spirit within us.

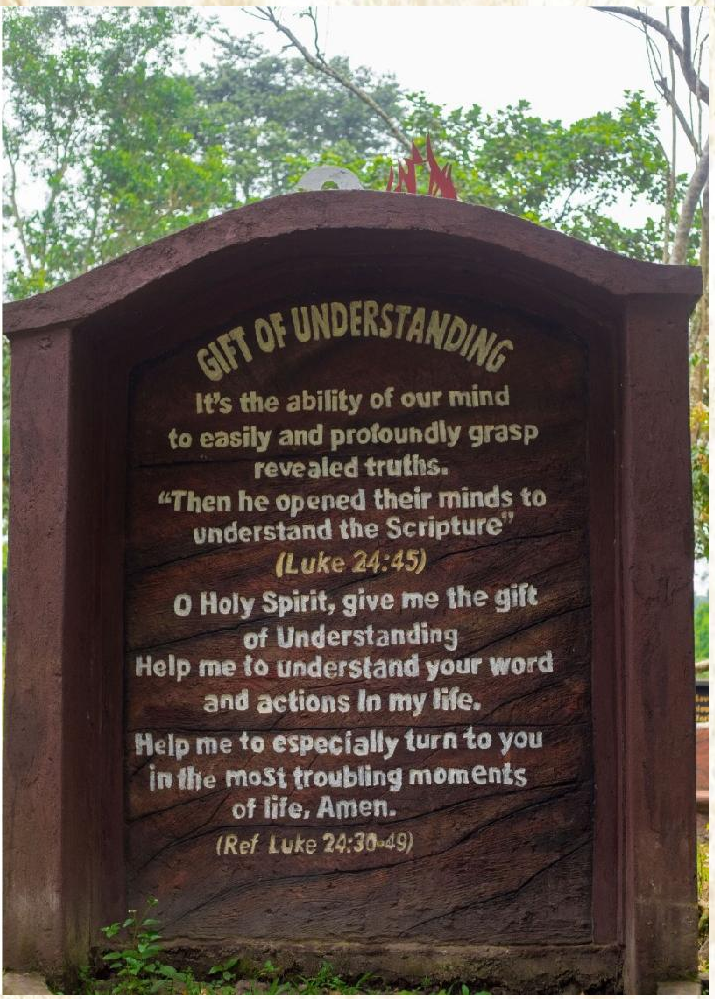


Photo of the 6th Station as erected at the Holy Spirit Centre Prayer Garden in Jjanda Namugongo (Uganda)

Understanding is the ability of our mind to grasp revealed truths. While wisdom is the desire to contemplate the things of God, understanding allows us to grasp, at least in a limited way, the very essence of the truths of the Catholic Faith. Through understanding, we gain a certitude about our beliefs that moves beyond faith.

Scripture: Luke 24:45

“Then he opened their minds to understand the Scriptures” (Luke 24:45)

Brief Reflection by the Leader

Without the Gift of Understanding, we are left on our own to try to make sense of life. This is especially true when we are faced with hardship and suffering. How is it, for example, that an all-powerful and all-loving God can allow the good and the innocent to suffer? How is it that God can seem absent at times from human tragedy?

The truth is that He is not absent. He is centrally involved in all things. What we need to receive is an understanding of the profound and mysterious ways of God. We need to understand the Scriptures, human suffering, human relationships, and divine action in our lives. But this will never happen unless we allow the Holy Spirit to open our minds.

Now let each person take a moment of spontaneous personal invocation of the gift of understanding in his or her own words.

Then together:

Let us Pray:

O Holy Spirit, give me the Gift of Understanding. Help me to understand your word and actions in my life. Help me to especially turn to You in the most troubling moments of life. Amen.

Our Father, Hail Mary, Glory be…

7th Station:

THE FRUIT OF SELF-CONTROL

L. We adore you O Holy Spirit and we praise you.

R. Because by your holy fire you purify the whole world.

L. Create a clean heart in us, O Lord.

R. And renew a pure spirit within us.



Photo of the 7th Station as erected at the Holy Spirit Centre Prayer Garden in Jjanda Namugongo (Uganda)

Self-Control is the active effort we undertake to abstain and resist the temptation to go back to the ways of the world around us once we have been shown God's spiritual way of life.

Scripture:

2 Timothy 1:7, Proverbs 15:1

"For God did not give us a spirit of cowardice but rather of power and love and self-control" (2 Timothy 1:7)

"A gentle answer turns away wrath, but a harsh word stirs up anger" (Proverbs 15:1)

Proverbs 6: 16-19

"There are six things the LORD hates, seven that are detestable to him: haughty eyes, a lying tongue, hands that shed innocent blood, a heart that devises wicked schemes, feet that are quick to rush into evil, a false witness who pours out lies and a man who stirs up dissension among brothers."

Brief Reflection by the Leader

Self-control is a fruit we all need to cultivate. Whether we struggle with controlling our anger, lust, or our appetite, most of us have at least one area in our lives where we succumb to our desires.

By controlling our emotions when we are provoked to anger or sexual allurement, we can demonstrate Christ's love to those around us and live peaceably with them.

Though it is difficult to practice self-control, the Holy Spirit helps us have power over our sinful desires. With His help, we can act in love and have control over temptation and sin.

Now let each person take a moment of spontaneous personal invocation of the fruit of self - Control in his or her own words.

Then together:

Let us Pray

O Holy Spirit, grant me self-control to resist lust of the flesh, infatuation, pride, anger, gluttony, envy, Jealousy, evil schemes, speaking lies, losing my temper, fighting, corruption, bribery, sexual perversion, alcoholism, smoking, and many other addictions.

Our Father… Hail Mary…Glory be…

8th Station:

THE GIFT OF COUNSEL

L. We adore you O Holy Spirit and we praise you.

R. Because by your holy fire you purify the whole world.

L. Create a clean heart in us, O Lord.

R. And renew a pure spirit within us.

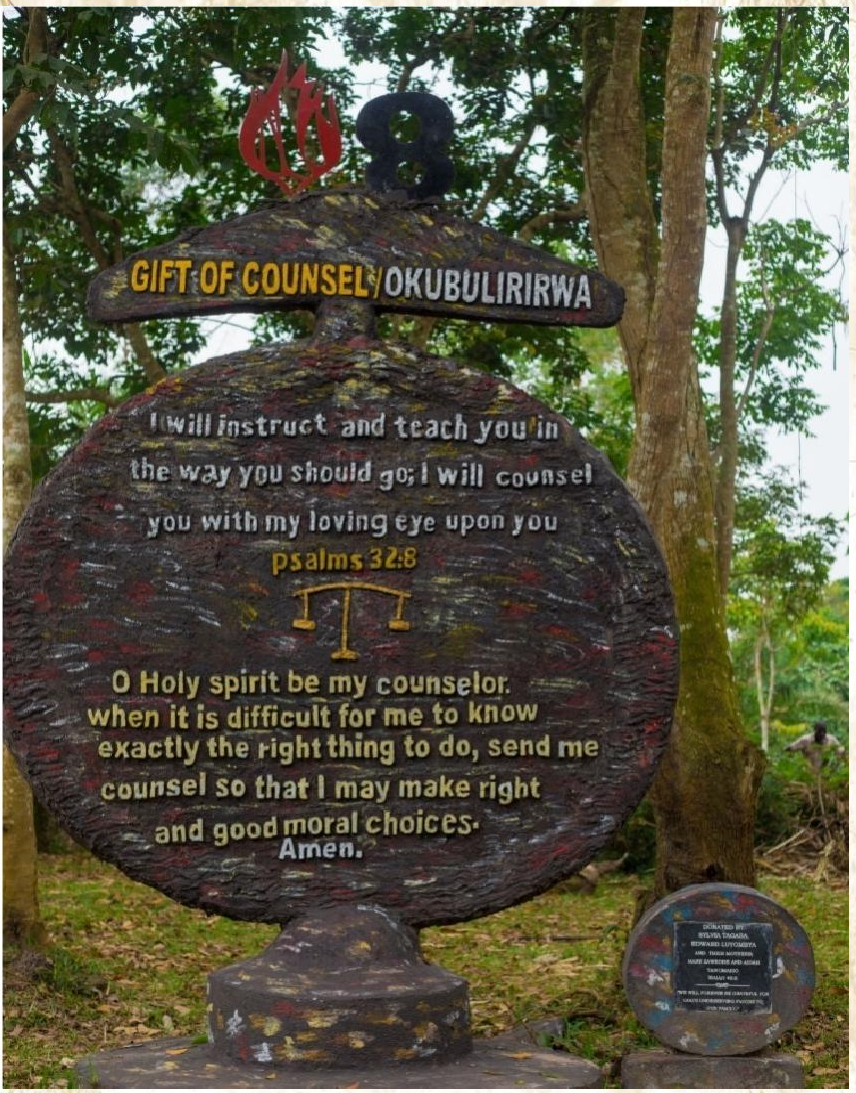


Photo of the 8th Station as erected at the Holy Spirit Centre Prayer Garden in Jjanda Namugongo (Uganda)

The Gift of Counsel is also known as a Gift of Right Judgment. Counsel as a gift of the Holy Spirit, is the perfection of the cardinal virtue of prudence. Prudence can be practiced by anyone, but counsel is supernatural. Through this gift of the Holy Spirit, we are able to judge how best to act almost by intuition. Because of the gift of counsel, Christians need not fear to stand up for the truths of the Faith, because the Holy Spirit will guide us in defending those truths.

Scripture: Psalm 32:8

I will instruct you and teach you in the way you should go; I will counsel you with my loving eye upon you (Psalm 32:8).

Brief Reflection by the Leader

Suddenly a sound like the blowing of a mighty wind came from heaven and filled the whole house where they were sitting (Acts 2:2)

Now let each person take a moment of spontaneous personal invocation of the gift of Counsel in his or her own words.

Then, together:

Let us pray:

O Holy Spirit, be my Counsellor. When it is difficult for me to know exactly the right thing to do, send me Your Counsel so that I may make good and right moral choices. Amen.

Our Father…Hail Mary… Glory be…

9th Station:

THE FRUIT OF GENTLENESS

L. We adore you O Holy Spirit and we praise you.

R. Because by your holy fire you purify the whole world.

L. Create a clean heart in us, O Lord.

R. And renew a pure spirit within us.



Photo of the 9th Station as erected at the Holy Spirit Centre Prayer Garden in Jjanda Namugongo (Uganda)

Gentleness is an inward grace that easily submits our own strength of will, to God's Lordship. To be gentle is to calmly accept God's will in every situation we face. It involves showing humility and thankfulness towards God, as well as being humble, polite, restrained, and compassionate towards others.

Scripture: 1 Peter 5:5 and James 4:6.

Clothe yourself with humility because God resists the proud but gives favour to the humble.

Philippians 2:6-9

"Though He was in the form of God, Jesus did not regard equality with God. Rather He emptied himself taking the form of a servant and became obedient to accepting death even death on a cross. But God exalted him and gave him a name above every name".

Brief Reflection by the Leader

Gentleness is a way for us as Christians to stand in contrast to the disorder and selfish conduct of the world, a display of God's love to those who are walking in darkness. Christ said, take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls" (Matthew 11:29).

1 Peter 3:15-16

*"*But in your hearts revere Christ as Lord. Always be prepared to give an answer to everyone who asks you to give the reason for the hope that you have. But do this with gentleness and respect, keeping a clear conscience, so that those who speak maliciously against your good behaviour in Christ may be ashamed of their slander.*"*

Now let each person take a moment of spontaneous personal invocation of the fruit of Gentleness in his or her own words.
Then together:

Let us pray:

Make me always gentle O Holy Spirit. Let me show grace and love to those I encounter. May they sense the gentleness in my heart, soul, and mind. Amen

Our Father… Hail Mary… Glory be…

10th Station:

THE FRUIT OF GOODNESS

L. We adore you O Holy Spirit and we praise you.

R. Because by your holy fire you purify the whole world.

L. Create a clean heart in us, O Lord.

R. And renew a pure spirit within us.



Photo of the 10th Station as erected at the Holy Spirit Centre Prayer Garden in Jjanda Namugongo (Uganda)

Goodness is virtue and holiness in action. Goodness as a fruit of the Spirit is associated with honesty, integrity, and uprightness (Psalms 34:8). It results in a life characterized by deeds motivated by righteousness and a desire to be a blessing. It's a moral characteristic of a Spirit-filled person. "Goodness," comes from the Greek word ***"agathosune",*** which is defined as "uprightness of heart and life." *Agathosune* is goodness for the benefit of others, not goodness simply for the sake of being virtuous. Someone with *agathosune* will selflessly act on behalf of others.

Scripture: 1 Corinthians 12:7-11

*"Now to each one the manifestation of the Spirit is given for the common good…b*ut one and the same Spirit works all these things, distributing to each one individually just as He wills. The goodness of the Holy Spirit is manifested through:

1. Word of wisdom
2. Word of knowledge
3. Faith
4. Healing and Deliverance
5. Working of Miracles
6. Prophecy

7. Discernment / distinguishing of spirits.
8. Speaking in tongues
9. Interpretation of tongues.

Reflection by the Leader

In letting the Holy Spirit control us, we are blessed with the fruit of goodness. As others see our good works, they will praise our Father in heaven (Mathew 5:16).

Now let each person take a moment of spontaneous personal invocation of the fruit of Goodness in his or her own words.

Then together:

Let us pray:

O Holy Spirit, help me to live your goodness and kindness each day. Remind me that my actions express who I am even more than my words. May I love as you love. Let me be good to those who wish me harm, forgive those who need forgiveness, and reach out in kindness to all I meet so they can experience the unconditional love of God.

Our Father… Hail Mary… Glory be…

11th Station:

THE FRUIT OF PEACE

L. We adore you O Holy Spirit and we praise you.

R. Because by your holy fire you purify the whole world.

L. Create a clean heart in us, O Lord.

R. And renew a pure spirit within us.

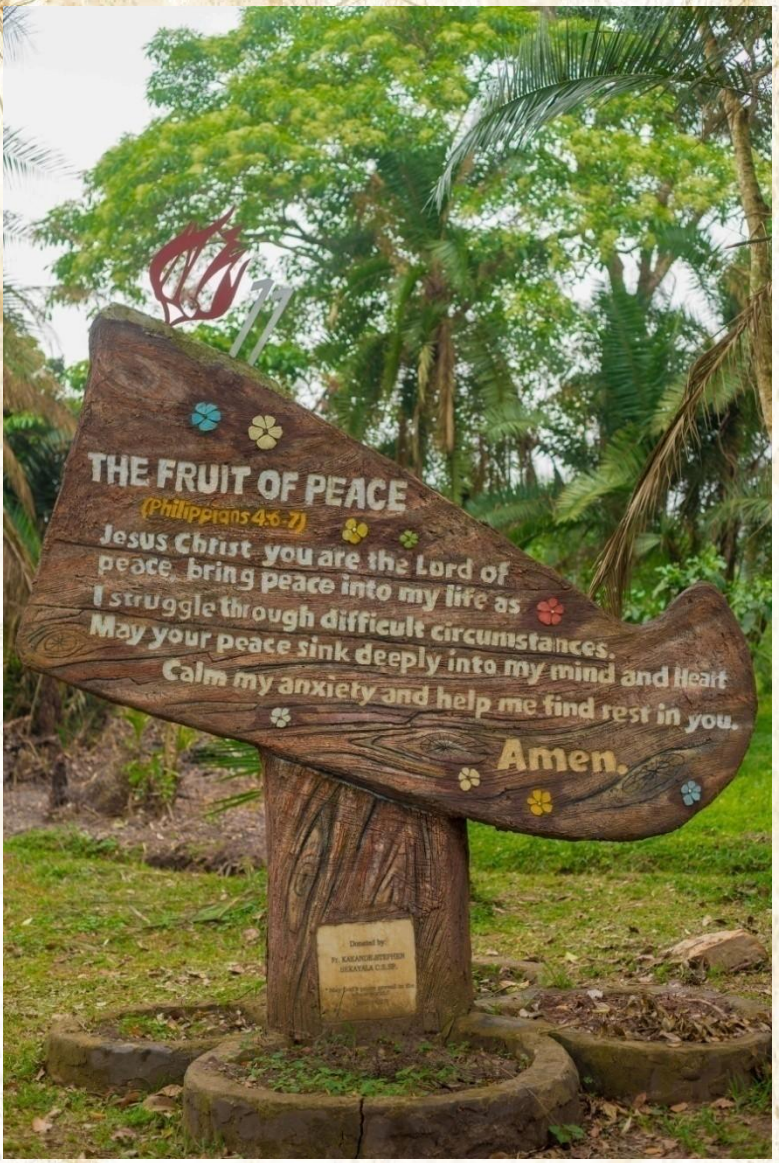


Photo of the 11th Station as erected at the Holy Spirit Centre Prayer Garden in Jjanda Namugongo (Uganda)

Peace is the rest, tranquility, quiet or stillness in one's heart because of one's profound union with God. Peace of God is a promise we can receive when we pray. We all need peace. Jesus Christ is the Lord and prince of peace. He brings peace into our life as we struggle through difficult circumstances.

Scripture: Philippians 4:6-7, John 16:33

"Do not be anxious about anything, but in everything, by prayer, with thanksgiving let your request be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and minds in Christ Jesus."

John 16:33

"I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world."

Brief Reflection by the Leader

The world in which we live is full of strife and division, frustrated by sin and evil. As Christians, we are not spared from sin's effects on the world, but we are able to take our worries to God through prayer.

We are also able to take heart in the fact that Christ has triumphed over sin and death. In Him, we have peace in the knowledge that He is in control, and that no matter what struggles we face in this world, we will be granted ultimate eternal peace in Him. May His peace sink deeply into our minds and hearts to calm our anxieties and help us find rest in Him.

Now let each person take a moment of spontaneous personal invocation of the fruit of Peace in his or her own words.

Then together:

Let us pray:

Heavenly Father, you are the God of peace which surpasses every human understanding. When my mind is full of the cares of the world, please calm my anxiety and soothe my fears. Give me your peace in my heart, my mind and my soul. Help me to think clearly and calmly. Help me turn from fear and pursue peace. Keep my tongue from evil and my lips from deceitful speech (Psalm 34:14-16). May your peace flow through me to those around me. Use me to bring peace in this troubled world.

Our Father, Hail Mary, Glory be…

12th Station:

THE FRUIT OF FAITHFULNESS

L. We adore you O Holy Spirit and we praise you.

R. Because by your holy fire you purify the whole world.

L. Create a clean heart in us, O Lord.

R. And renew a pure spirit within us.



Photo of the 12th Station as erected at the Holy Spirit Centre Prayer Garden in Jjanda Namugongo (Uganda)

Faithfulness is the act of remaining steadfast and committed to God and His teachings. It is a demonstration of loyalty and trust in God's promises, even in the face of adversity or temptation. In essence, faithfulness reflects our relationship with God. Unsurprisingly, many of the references to faithfulness in the Bible refer to God's faithfulness.

God's faithfulness to humanity is profoundly reflected in His self-giving through the death of His Son and Lord Jesus Christ even when humanity was not faithful to Him. **Romans 5:8-9** says, "but God demonstrates his own love for us in this: While we were still sinners, Christ died for us. Since we have now been justified by his blood, how much more shall we be saved from God's wrath through him!

Scripture:

Mark 14:22-24 ("This is my body")
Mathew 26:26-28 ("This is the cup of my blood")
Luke 22:19-20
1 Corinthians 11:23-25
2 *Thessalonians 3:3 "*But the Lord is faithful, and He will strengthen you and protect you from the evil one".

Brief Reflection by the Leader

As Christians, we are called to be faithful to Him who is always faithful to us. If we are faithful in the small things, God will reward us. We see this in the parable of the talents, where Jesus tells of a Master who rewards those who are faithful:

"The one who had received two talents also came forward and said, 'Master, you gave me two talents. See, I have made two more.' His master said to him, 'Well done, my good and faithful servant. Since you were faithful in small matters, I will give you great responsibilities. Come, share your master's joy.'" ***— Matthew 25:22-23***

As we perform the simple tasks of our daily lives, it is easy to feel as if they have no importance, but the Lord is watching us and sees the small acts of faithfulness we do each day. We can also take comfort that even when we struggle to be faithful, the Lord continues to uphold and protect us.

Now let each person take a moment of spontaneous personal invocation of the fruit of Faithfulness in his or her own words.

Then, together:

Let us pray:

Through His life-giving bread, His saving cup, may all of us who share in the body and blood of Jesus Christ be brought together in unity by the Holy Spirit. My Jesus, I believe that you are present in the Eucharist. I love you above all things, and I desire to receive you into my soul.I embrace and unite myself wholly to you. Come into my heart and never permit me to separate from you. O God, through your Holy Spirit give methe grace to remain faithful to your promises. Helpme not to get discouraged when my situations don't seem to change. When I start to grow weary,help me to remember that You are with me especially in the blessed sacrament. Bend my heart to your will and change the way I think and behave. Amen

Our Father… Hail Mary…Glory be..

13th Station:

THE FRUIT OF GENEROSITY

L. We adore you O Holy Spirit and we praise you.

R. Because by your holy fire you purify the whole world.

L. Create a clean heart in us, O Lord.

R. And renew a pure spirit within us.


TONGUES OF FIRE
Then tongues as of fire appeared and rested on each of them. And they were all filled with the Holy Spirit and began to speak in different tongues as the Spirit enabled them
(Acts 2:3-4)
O Holy Spirit, rest upon me and purify me to proclaim Jesus Christ now and forever
Amen.

Generosity is about being honourable and charitable. If God has given you something, even if it is not much, you can serve Him by sharing it with others. It involves throwing yourself entirely into the act of giving. To have generosity of spirit is to act with kindness, to be open and willing to share with others without any expectation of receiving something back in return. It means to celebrate the efforts and success of others without envy or resentment.

Scripture: 2 Corinthians 9:7-9

*"*Each of you should give what you have decided in your heart to give, not reluctantly or under compulsion, for God loves a cheerful giver. And God can bless you abundantly, so that in all things always, having all that you need, you will abound in every good work.*"*

Brief Reflection by the Leader

We are not to worry about having enough or having much. Instead, we should share both out of our abundance and our need, and God will not let us go without (Philippians 4:19). God blesses us so that we in turn might bless others. We should also give with an open heart, not reluctantly. In the parable of the Good Samaritan, the Samaritan demonstrated generosity to a Jew, even though they were considered enemies.

Now let each person take a moment of spontaneous personal invocation of the fruit of Generosity in his or her own words.

Then, together:

Let us pray:

O generous Father, pour in me a generous spirit, so that Christ may live in my heart through a faith rooted in, and founded on charity. Amen

Our Father… Hail Mary… Glory be…

14th Station:

THE FRUIT OF KINDNESS

L. We adore you O Holy Spirit and we praise you.

R. Because by your holy fire you purify the whole world.

L. Create a clean heart in us, O Lord.

R. And renew a pure spirit within us.


Gentleness
Kindness
Love
Self-Control
Patience
Faithfulness
Generosity
Joy
Peace
THE FRUIT OF THE HOLY SPIRIT
Galatians 5:22-23

Kindness is looking beyond our interests to the interests of others. It often requires going out of our way or setting aside things that may seem important. Kindness also means not being vindictive and returning evil for evil, but instead, turning the other cheek and returning evil with good, whether the recipient deserves it or not.

Scripture: *Luke 6:35-36, Titus 3:4-5, Ephesians 4:32*

Luke 6:35-36 "But rather, love your enemies and do good to them, and lend expecting nothing back; then your reward will be great, and you will be children of the Most High, for he himself is kind to the ungrateful and the wicked. Be merciful, just as your Father is merciful."

Ephesians 4:32 *"Be kind to one another, compassionate, forgiving one another as God has forgiven you in Christ."*

Brief Reflection by the Leader

In offering us salvation, God extends to us the greatest kindness of all, one that we could never deserve. *"But when the kindness and generous love of God our saviour appeared, not because of any righteous deeds we had done but because of his mercy, he saved us through the bath of rebirth and renewal by the Holy Spirit" (**Titus 3:4-5**).*

*"Do you suppose, then, you who judge those who engage in such things and yet do them yourself, that you will escape the judgment of God? Or do you hold his priceless kindness, forbearance, and patience in low esteem, unaware that the kindness of God would lead you to repentance?" **— Romans 2:3-4***

Because God is kind to us, we should be kind to others in response to His goodness. We should also reserve judgement, as it is not our place to judge, but God's. We all are undeserving sinners.

Now let each person take a moment of spontaneous personal invocation of the fruit of Kindness in his or her own words.

Then together:

Let us Pray

O Holy Spirit, grant me kindness that I may be kind to everyone irrespective of who and what they are to me. Amen.

Our Father… Hail Mary… Glory be…

15th Station:

THE GIFT OF FEAR OF THE LORD

L. We adore you O Holy Spirit and we praise you.

R. Because by your holy fire you purify the whole world.

L. Create a clean heart in us, O Lord.

R. And renew a pure spirit within us.



Photo of the 15th Station as erected at the Holy Spirit Centre Prayer Garden in Jjanda Namugongo (Uganda)

The Gift of Fear of the Lord puts God in the proper perspective. A person with this Gift understands the greatness and awesomeness of the Lord. They want to serve Him because of who He is. A person with the Gift of Fear of the Lord understands who they are and why they are here in relationship to God; In other words, everything they are, is due to the wonder, love, grace, and perfection of God. They are totally dependent on the Lord as a child is to a parent. The Gift of Fear of the Lord is the beginning of Wisdom (Proverbs 9:10). Once a person understands who God is and desires to please Him, they can begin to understand things from God's point of view orhave Wisdom.

Scripture: Proverbs 9:10, Psalm 112:1

The fear of the Lord is the beginning of Wisdom (Proverbs 9:10). Blessed is the person who fears the Lord, who greatly delights in His commands" (Psalm 112:1)

Brief Reflection by the Leader

We can gladly acquire this gift through observing the ten commandments of God reflected in **Exodus 20:2-17, Deuteronomy 5:6-21, namely:**

1. Always worship and serve only the Lord God and no other gods.
2. Don't swear or take God's name in vain.
3. Remember to keep Sabbath holy.
4. Respect and honour your parents, relatives, and all people.
5. Don't kill.
6. Don't commit adultery.
7. Don't steal.
8. Don't bear false witness against someone.
9. Don't lust for someone's wife or husband.
10. Don't lust for someone's property.

Now let each person take a moment of spontaneous personal invocation of the gift of Fear of the Lord in his or her own words.

Then together:

Let us pray:

O Holy Spirit, help me always to observe these 10 commandments and grant me a spiritual disposition to receive the graces attached to them. Amen.

Our Father… Hail Mary… Glory be…

16th Station:

THE GIFT OF FORTITUDE /COURAGE

L. We adore you O Holy Spirit and we praise you.

R. Because by your holy fire you purify the whole world.

L. Create a clean heart in us, O Lord.

R. And r*enew a pure spirit within us.*

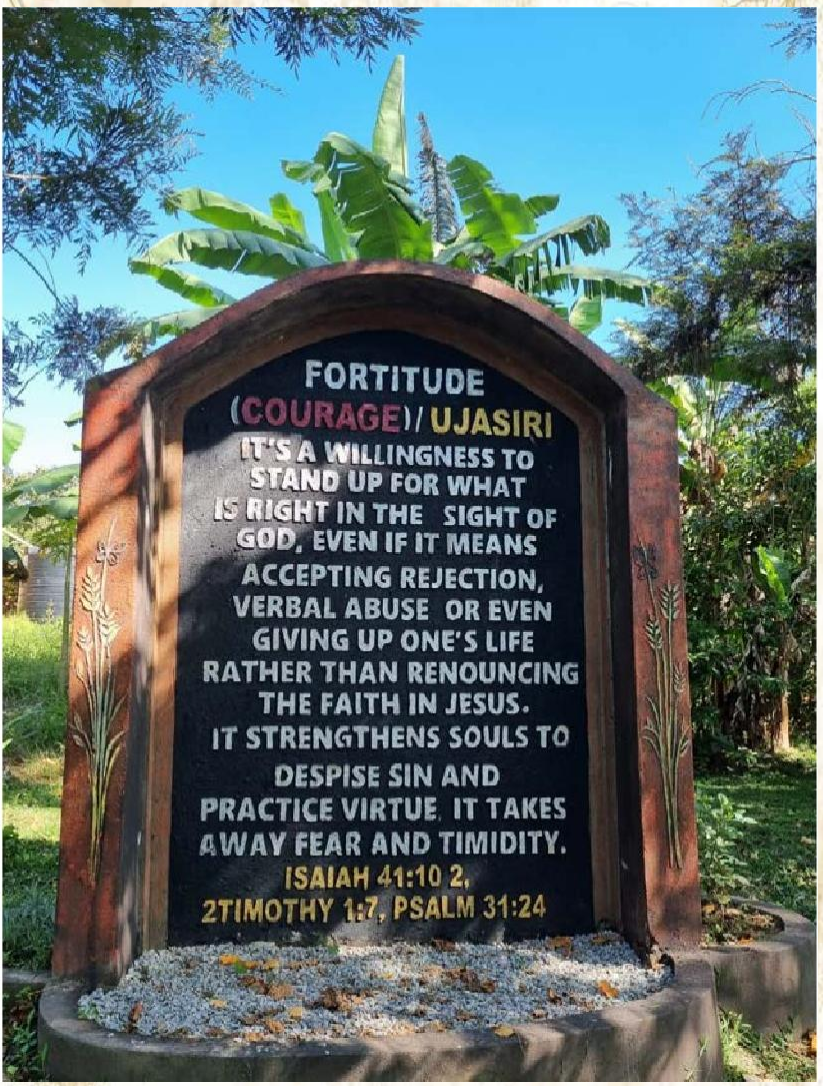


Photo of the 16th Station as erected at the Holy Spirit Centre Prayer Garden in Jjanda Namugongo (Uganda)

The Gift of Fortitude is also known as the Gift of Courage. It's a willingness to stand up for what is right in the sight of God, even if it means accepting rejection, verbal abuse, or even giving up one's life rather than renouncing the faith in Jesus. Through this Gift a person is no longer afraid to stand up for God and His truths. A person who has the Gift of Fortitude will stand up for good against evil and is convinced to take a stand when the occasion arises. It also allows us to overcome fear and to remain courageous in our will in the face of all physical and spiritual obstacles.

Scripture:

Isaiah 41:10 2, 2 Timothy 1:7,
Psalm 31:24, 1 John 4:18, 2 Samuel 10:12

Brief Reflection by the Leader

Fortitude strengthens souls to despise sin and practice virtue. It takes away fear and timidity to overcome difficulties or to endure pain and suffering with the strength and power infused by God. It gives us the inner strength to have the courage to do the right thing in the pursuit of the good.

Now let each person take a moment of spontaneous personal invocation of the gift of Fortitude in his or her own words.

Then together:

Let us pray

O Holy Spirit, give me strength in temptation, endurance in trials and gratitude in prosperity. Amen.

Our Father… Hail Mary… Glory be…

17th Station:

THE FRUIT OF LOVE

L. We adore you O Holy Spirit and we praise you.

R. Because by your holy fire you purify the whole world.

L. Create a clean heart in us, O Lord.

R. And renew a pure spirit within us.



Photo of the 17th Station as erected at the Holy Spirit Centre Prayer Garden in Jjanda Namugongo (Uganda)

The fruit of love is a spiritual connection that helps us find meaning and purpose in our lives. Love is a unique creation that allows us to experience the most profound kind of connection with other people, thoughts, and sacred things. This love is not defined by what we feel for another person but by our connection to the Divine. Love as a fruit of the Spirit is based not in what we feel, but rather what we do. Christ laying down his life for us is the ultimate example of love.

1 Corinthians 13:4-7 Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. Love does not delight in evil but rejoices with the truth. It always protects, always trusts, always hopes, always perseveres".

Scripture:

1 John 3:1, 1 Corinthians 13:4-7, 1 John 4:19-21

1 John 3:1

See what great love the Father has lavished on us, that we should be called children of God! And that is what we are! The reason the world does not know us is that it did not know him.

1 John 4:19-21

“We love because he first loved us. Whoever claims to love God yet hates a brother or sister is a liar. For whoever does not love their brother and sister, whom they have seen, cannot love God, whom they have not seen. And he has given us this command: Anyone who loves God must also love their brother and sister.”

Brief Reflection by the Leader

Love is self-sacrifice, putting others' needs before our own, following Jesus' example and humbling ourselves as servants. Outside of God, however, we are unable to love perfectly. It is only through the work of the Holy Spirit that we can set aside our sinfulness and our selfishness. Because God has shown us mercy, we are able to show mercy to others; because he has shown us love, we are able to show love to others: Holy Spirit is the heart and mind of God. Every day, He communicates to us the will of God's mind and through Him, we experience God's unconditional love poured into our hearts.

Now let each person take a moment of spontaneous personal invocation of the fruit of Love in his or her own words.

Then together:

Let us pray:

O God do not cast me away from your presence but create in me a clean heart and renew a steadfast spirit within me. (Psalm 51:12-13) The enemy often attempts to infuse my heart with hatred and bitterness. May Your perfect love cast out all fear and hatred. Lord, let love permeate my thoughts, words, and actions. Help me to love others the way You love me unconditionally and sacrificially. Let love be the mark of my life as I interact with others.

Our Father… Hail Mary… Glory be…

18th Station:

THE FRUIT OF JOY

L. We adore you O Holy Spirit and we praise you.

R. Because by your holy fire you purify the whole world.

L. Create a clean heart in us, O Lord.

R. And renew a pure spirit within us.

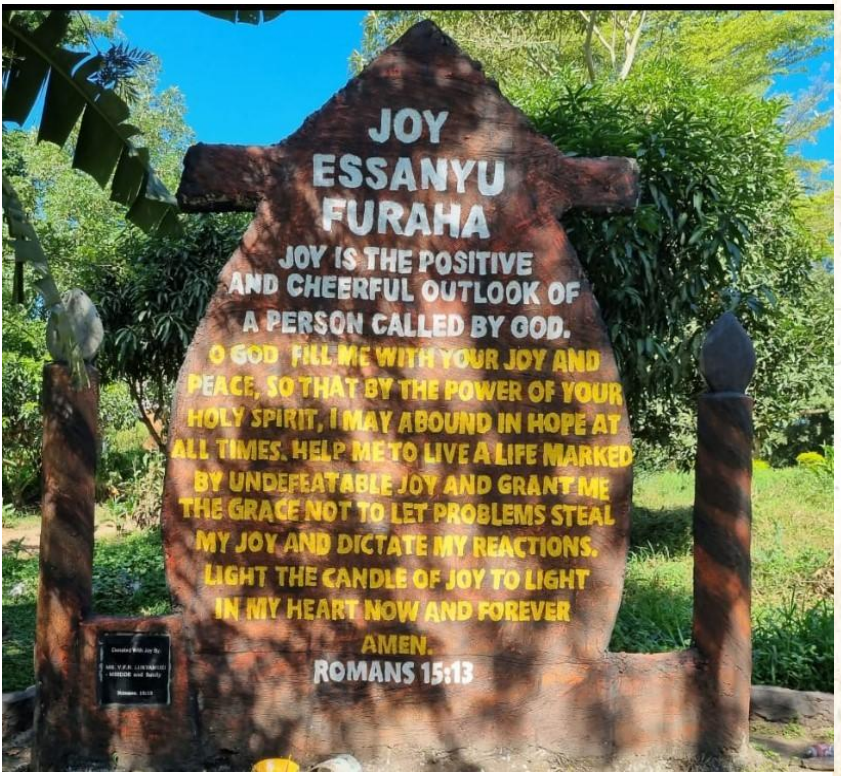


Photo of the 18th Station as erected at the Holy Spirit Centre Prayer Garden in Jjanda Namugongo (Uganda)

Joy is the positive and cheerful outlook of a person who has been called by God and understands how beneficial it is to follow God's way of life. It is an inner gladness that leads to a cheerful heart and a cheerful heart leads to cheerful behaviour. Joy is more than a temporary happiness. It is lasting and based in more than simply an emotional reaction to our circumstances. It is an active choice of attitude. As followers of Christ, we rejoice, because in him, we have redemption.

Scripture: Romans 15:13, Psalm 71:23

May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit.

Psalm 71:23

"My lips will shout for joy, when I sing praise to you— I whom you have delivered".

Brief Reflection by the Leader

The reason we can have joy is because we have eternal hope in Christ. When the troubles of this world assail us, we can rest in the comfort that only God can bring, and have joy, no matter our circumstances.

Psalm 94:18-19- "When I said, "My foot is slipping," your unfailing love, LORD, supported me. When anxiety was great within me, your consolation brought me joy".

Now let each person take a moment of spontaneous personal invocation of the fruit of Joy in his or her own words.

Then, together:

Let us pray:

O God, fill me with your joy and peace, so that by the power of your Holy spirit, I may always abound in hope. Help me to live a life marked by unbeatable joy and grant me the grace not to let problems steal my joy and dictate my reactions. Light the candle of joy to light in my life.

Our Father, Hail Mary, Glory be to the Father...

LITANY OF THE HOLYSPIRIT

Lord, have mercy on us.
Christ, have mercy on us.
Lord, have mercy on us.

Father all-powerful, ***have mercy on us.***
Jesus, Eternal Son of the Father, Redeemer of the world, ***save us.***
Spirit of the Father and the Son, boundless life of both, ***sanctify us.***
Holy Trinity, ***hear us.***
Holy Spirit, Who proceed from the Father and the Son, ***enter our hearts.***
Holy Spirit, Who is equal to the Father and the Son, ***enter our hearts.***
Promise of God the Father, ***have mercy on us.***
Ray of heavenly light, ***have mercy on us.***
Author of all good, ***have mercy on us.***
Source of heavenly water, ***have mercy on us.***
Consuming fire, ***have mercy on us.***

Ardent charity, ***have mercy on us.***
Spiritual ointment, ***have mercy on us.***
Spirit of love and truth, ***have mercy on us.***
Spirit of wisdom and understanding, ***have mercy on us.***
Spirit of counsel and fortitude, ***have mercy on us.***
Spirit of knowledge and piety, ***have mercy on us.***
Spirit of the fear of the Lord, ***have mercy on us.***
Spirit of grace and prayer, ***have mercy on us.***
Spirit of peace and meekness, ***have mercy on us.***
Spirit of modesty and innocence, ***have mercy on us.***
Holy Spirit, the Comforter, ***have mercy on us.***
Holy Spirit, the Sanctifier, ***have mercy on us.***
Holy Spirit, Who governs the Church, ***have mercy on us.***
Gift of God, the Most High, ***have mercy on us.***
Spirit Who fills the universe, ***have mercy on us.***
Spirit of the adoption of the children of God, ***have mercy on us.***
Holy Spirit, ***come and renew the face of the earth.***
Holy Spirit, ***shed your light in our souls.***

Holy Spirit, ***engrave thy law in our hearts.***
Holy Spirit, ***inflame us with the flame of your love.***
Holy Spirit, ***open to us the treasures of your graces.***
Holy Spirit, ***teach us to pray well.***
Holy Spirit, ***enlighten us with your heavenly inspirations.***
Holy Spirit, ***lead us in the way of salvation.***
Holy Spirit, ***grant us the only necessary knowledge.***
Holy Spirit, ***inspire in us the practice of good.***
Holy Spirit, ***grant us the merits of all virtues.***
Holy Spirit, ***make us persevere in justice.***
Holy Spirit, ***be Thou our everlasting reward.***
the Lamb of God, Who take away the sins of the world,
Send us Your Holy Spirit.
Lamb of God, Who take away the sins of the world,
Pour down into our souls the gifts of the Holy Spirit.
Lamb of God, Who take away the sins of world,
Grant us the fruit of the Spirit.

L. Come, Holy Spirit, fill the hearts of Your faithful,

***R.* And kindle in them the fire of Your love.**

L. Send forth Your Spirit and they shall be created,

R. And You shall renew the face of the earth. Amen

Concluding Prayer

Let us pray.

Grant, O merciful father, that your Divine Spirit may enlighten, inflame and purify us, that He may penetrate us with His heavenly dew and make us fruitful in good works. Through our Lord Jesus Christ, your son, who with you, in the unity of the same Spirit, lives and reigns, one God, forever and ever. Amen

Final blessing (in case a priest is present) follows. Final Holy Spirit hymn follows.

The End

Appendix

Some Bible verses about the Holy Spirit

Below are selected scriptural references that can be used for further reflection on the Holy Spirt. It is important to understand that in biblical terms, the word "Spirit" is synonymous with the "Spirit of God," "Christ's Spirit," and the "Holy Spirit." They are all one and mean the same Spirit.

Old Testament

Genesis 1:1–2
In the beginning, God created the heavens and the earth. The earth was without form and void, and darkness was over the face of the deep. And the Spirit of God was hovering over the face of the waters.

Judges 3:9–10
But when the people of Israel cried out to the LORD, the LORD raised up a deliverer for the people of Israel, who saved them, Othniel the son of Kenaz, Caleb's younger brother. The Spirit of the LORD was upon him, and he judged Israel. He went out to war, and the LORD gave Cushan-rishathaim king of Mesopotamia into his hand. And his hand prevailed over Cushan-rishathaim.

1 Chronicles 12:18
Then the Spirit came on Amasai, chief of the Thirty, and he said,
'We are yours, O David, and with you, O son ofJesse! Peace, peace to you, and peace to your

helpers! For your God helps you. Then Davidreceived them and made them officers of histroops.

Joel 2:28-29

And afterward, I will pour out my Spirit on all people. Your sons and daughters will prophesy, your old men will dream dreams, your young men will see visions. Even on my servants, both men and women, I will pour out my Spirit in those days.

Psalm 51:10-12

Create in me a pure heart, O God, and renew a steadfast spirit within me. Do not cast me away from your presence or take your Holy Spirit away from me. Restore to me the joy of your salvation and grant me a willing spirit, to sustain me.

Psalm 139:7–8

Where shall I go from your Spirit? Or where shall Iflee from your presence? If I ascend to heaven, you are there! If I make my bed in Sheol, you are there!

Psalm 143:10

Teach me to do your will, for you are my God! Let your good Spirit lead me on level ground!

Isaiah 11:2

And the Spirit of the LORD shall rest upon him, theSpirit of wisdom and understanding, the Spirit of counsel and might, the Spirit of knowledge and thefear of the LORD.

Isaiah 61:1

The Spirit of the Lord God is upon me, because the Lord has anointed me to bring good news to the poor; he has sent me to bind up the broken hearted, to proclaim liberty to the captives, and to set prisoners free, and to announce a year of God’s favor.

Ezekiel 36:27

And I will put my Spirit within you and cause you to walk in my statutes and be careful to obey my rules.

Micah 3:8–10

But as for me, I am filled with power, with the Spirit of the LORD, and with justice and might, to declare to Jacob his transgression and to Israel his sin.

Zechariah 4:6

This is the word of the Lord to Zerubbabel: Not by might, nor by power, but by my Spirit, says the Lord of hosts.

New Testament

Matthew 1:18

Now the birth of Jesus Christ took place in this way. When his mother Mary had been betrothed to Joseph, before they came together she was found to be with a child from the Holy Spirit.

Matthew 1:20

But as he considered these things, behold, an angel of the Lord appeared to him in a dream, saying, 'Joseph, son of David, do not fear to take Mary as your wife, for that which is conceived in her is from the Holy Spirit.'

Matthew 12:31–32

Therefore I tell you, every sin and blasphemy will be forgiven people, but the blasphemy against the Spirit will not be forgiven. And whoever speaks a word against the Son of Man will be forgiven, but whoever speaks against the Holy Spirit will not be forgiven, either in this age or in the age to come.

Matthew 28:19–20

Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, to the end of the age.

Mark 13:11

And when they bring you to trial and deliver you over, do not be anxious beforehand what you are to say, but say whatever is given you in that hour, for it is not you who speak, but the Holy Spirit.

Luke 1:35

And the angel answered her, ‘The Holy Spirit will

come upon you, and the power of the Most High will overshadow you; therefore the child to be born will be called holy—the Son of God.'

Luke 3:21–22

Now when all the people were baptized, and when Jesus also had been baptized and was praying, the heavens were opened, and the Holy Spirit descended on him in bodily form, like a dove; and a voice came from heaven, 'You are my beloved Son; with you I am well pleased.'

Luke 11:13

If you then, who are evil, know how to give good gifts to your children, how much more will the heavenly Father give the Holy Spirit to those who ask him!

John 1:33

I myself did not know him, but he who sent me to baptize with water said to me, 'He on whom you see the Spirit descend and remain, this is he who baptizes with the Holy Spirit.'

John3:6–8

That which is born of the flesh is flesh, and that which is born of the Spirit is spirit. Do not marvel that I said to you, ‘You must be born again.’ The wind blows where it wishes, and you hear its sound, but you do not know where it comes from or where it goes. So, it is with everyone who is born of the Spirit.

John 14:16

And I will ask the Father, and He will give you another Helper, to be with you forever.

John 14:26

But the Helper, the Holy Spirit, whom the Father will send in my name, he will teach you all things and bring to your remembrance all that I have said to you.

John 15:26

But when the Helper comes, whom I will send to you from the Father, the Spirit of truth, who proceeds from the Father, he will bear witness about me.

Acts 1:8
But you will receive power when the Holy Spirit has come upon you, and you will be my witnesses in Jerusalem and in all Judea and Samaria, and to the ends of the earth.

Acts 2:3–4
And divided tongues as of fire appeared to them and rested on each one of them. And they were all filled with the Holy Spirit and began to speak in other tongues as the Spirit gave them utterance.

Acts 2:33
Being therefore exalted at the right hand of God and having received from the Father the promise of the Holy Spirit, he has poured out this that you yourselves are seeing and hearing.

Acts 2:38
And Peter said to them, 'Repent and be baptized every one of you in the name of Jesus Christ for the forgiveness of your sins, and you will receive the gift of the Holy Spirit.'

Acts 4:31

And when they had prayed, the place in which they were gathered was shaken, and they were all filled with the Holy Spirit and continued to speak the word of God with boldness.

Acts 5:32

And we are witnesses to these things, and so is the Holy Spirit, whom God has given to those who obey him.

Acts 9:31

So the church throughout all Judea and Galilee and Samaria had peace and was being built up. And walking in the fear of the Lord and in the comfort of the Holy Spirit, it multiplied.

Acts 10:47

Can anyone withhold water for baptizing these people, who have received the Holy Spirit just as we have?

Acts 11:15

As I began to speak, the Holy Spirit fell on them just as on us at the beginning.

Acts 13:2

While they were worshiping the Lord and fasting, the Holy Spirit said, ‘Set apart for me Barnabas and Saul for the work to which I have called them.’

Acts 19:5–6

On hearing this, they were baptized in the name of the Lord Jesus. And when Paul had laid his hands on them, the Holy Spirit came on them, and they began speaking in tongues and prophesying.

Romans 5:5

And hope does not put us to shame, because God’s love has been poured into our hearts through the Holy Spirit who has been given to us.

Romans 8:26

Likewise the Spirit helps us in our weakness. For we do not know what to pray for as we ought, but

the Spirit himself intercedes for us with groanings too deep for words.

Romans 15:13

May the God of hope fill you with all joy and peace in believing, so that by the power of the Holy Spirit you may abound in hope.

1 Corinthians 2:11

For who knows a person's thoughts except the spirit of that person, which is in him? So also no one comprehends the thoughts of God except the Spirit of God.

1 Corinthians 3:16

Do you not know that you are God's temple and that God's Spirit dwells in you?

1 Corinthians 6:19–20

Or do you not know that your body is a temple of the Holy Spirit within you, whom you have from God? You are not your own, for you were bought with a price. So glorify God in your body.

2 Corinthians 3:17

Now the Lord is the Spirit, and where the Spirit of the Lord is, there is freedom.

2 Corinthians 13:14

The grace of the Lord Jesus Christ and the love of God and the fellowship of the Holy Spirit be with you all.

Galatians 5:22–23

But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law.

Ephesians 4:30

And do not grieve the Holy Spirit of God, by whom you were sealed for the day of redemption.

Titus 3:5

He saved us, not because of works done by us in righteousness, but according to his own mercy, by the washing of regeneration and renewal of the Holy Spirit.

2 Peter 1:21

For no prophecy was ever produced by the will of man, but men spoke from God as they were carried along by the Holy Spirit.

Jude 20–21

But you, beloved, building yourselves up in your most holy faith and praying in the Holy Spirit, keep yourselves in the love of God, waiting for the mercy of our Lord Jesus Christ that leads to eternal life.

To God be the glory